



Conscious Sedation Do's and Dont's

Information for the clinical team working with the patient, please share with staff.

Manage the patients expectations, this is “**Conscious Sedation**”, they are not “asleep’ or “knocked out’

Do let us know beforehand where the emergency kit is in the practice

Do let us have a little workspace near the patient to set up

Always have minimum of 2 people in the room with the patient

The chaperone can come in while we induce but then take a seat in the waiting room

Sedation dose not produce analgesia so ensure adequate local anaesthetic is administered, pain is the enemy of sedation and can ruin the experience for the patient.

It's helpful to let the patient know when they are about to feel a “scratch” or some “vibration” otherwise they may be quite surprised. Other than that, very little interaction is required with the patient.

Stop the treatment if we ask you to, the safety of the patient is crucial

Use copious suction to keep airway clear, high and low volume

Allow 5 mins in chair for the patient to continue being sedated and for amnesia to work before sitting up

All clinical staff with patient must have up to date ILS or equivalent training (IACSD standards 2020). That means BLS+AED+Airway training.

Also recommended is Sedation Complications Training and a free vCPD course is available on our website www.UKSedation.com/courses/ for all staff.

Remember, everyone in the room is responsible for care and well being of the patient so if complications occur, please be available to help. Sedation Dentistry is a team effort!

If you have any questions or concerns at all just email us at info@uksedation.com

